

Health Insurance Reimbursement:

- **Cigna**
 - Through Cigna Medical Plan, you are eligible for a fitness reimbursement of \$100 per member per calendar year, up to a combined family maximum of \$300 per calendar year. You must have been a member your health club and Cigna for a minimum of 3 months to qualify. Simply attach the Fitness Benefit Form, a copy of the health club agreement, and receipts/ or bank statements of funds for your membership.

- **Dean**
 - Dean's WIN Program offers seniors, who are DeanCare Gold and DeanCare Select members **ONLY**, reimbursement for up to \$100 per calendar year. Send in a copy of your receipt along with the reimbursement form to Dean Health Plan and they will send you your reimbursement check within 60-90 days.

- **Group Health Cooperative**
 - Keep track of 120 or more completed workouts during a calendar year, at a fitness club where you have paid membership and receive \$100 in a Wellness Reimbursement, or \$200 per household. You will need a print out a copy of your check-ins at the fitness club to prove the 120 workouts. Only 1 workout per day counts toward the 120 workouts. You must be 18 years and older in order to qualify for Wellness Reimbursement.

- **MercyCare**
 - Mercy's Stay Healthy Benefit gives members the opportunity to be reimbursed in qualified expenses resulting from the participation in a fitness and/ or health club. You must be 18 or older to qualify for the expense. Customer service can help identify the amount of your benefit and qualifies expenses at (800) 895-2421. Reimbursement can range up to \$200 per person and \$400 per household.

- **Physicians Plus**
 - Members with single contracts may receive up to \$100 per year through Physicians Plus Good Health Program. Members with family contracts may receive up to \$200 per year per family. You will need to download the reimbursement request form and mail it in. You will need to attach a copy of the receipt, for already paid membership or monthly payment receipts that at least total up to the maximum allowance. The Good Health Program is not available for BadgerCare Plus members.

- **Unity**

- Unity's *Fitness First and More Rewards* offers up to \$200 each year for both single and family plans. If a member completes 60 workouts in 6 months, they may submit the check-in list to Unity and they will be reimburse the insurance holder \$100 for every 6 months in a calendar year, up to \$200 per calendar year.

- **WPS**

- WPS offers a health club reimbursement through their *Healthways* program. *Healthways* reimburses up to \$30 per month when you visit your health club or gym 10 times per month. You will need to enroll in the *Healthways* program online, join or submit health club agreement, and choose the location. Once this is completed, *Healthways* will provide you with a 16 digit number that you will need to provide to the club, every visit, to ensure your visits are entered in through the *Healthways* program for reimbursement. Must be 18 years or older to qualify.