

JAC Indoor Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:00						Club Closed	Club Closed		
5:30									
6:00									
6:30									
7:00									
7:30									
8:00									
8:30	Aquatic Fitness		Aquatic Fitness		Aquatic Fitness				
9:00									
9:30									
10:00						Swim Lessons 10:00-12:00			
10:30									
11:00									
11:30									
12:00 PM						Family Swim 12:00-5:00	Family Swim 12:00-5:00		
12:30 PM									
1:00 PM									
1:30 PM									
2:00 PM									
2:30 PM									
3:00 PM									
3:30 PM									
4:00 PM		Swim Lessons 4:00-8:00		Swim Lessons 4:00-8:00					
4:30 PM									
5:00 PM	Aquatic Boot Camp				Aquatic Boot Camp				
5:30 PM									
6:00 PM	Swim Lessons 6:00-8:00		Swim Lessons 6:00-8:00		Family Swim 6:00-9:00				
6:30 PM									
7:00 PM									
7:30 PM						Club Closed	Club Closed		
8:00 PM									
8:30 PM									
9:00 PM					Club Closed				
9:30 PM									
10:00 PM									

* BLANK SPACES DESIGNATE OPEN POOL TIMES * Members may use the pool during Swim Lessons & Family Swim